## MAKING CONNECTIONS FOR INCLUSION

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It is important to realize that differences, whether of religion, gender, age, race or sexual orientation, can enrich the culture of any profession. This session was designed to increase participant awareness of issues related to human diversity. Participants will learn how to identify biases and stereotypes that get in the way of dealing with others who are from different cultures, have different lifestyles or who hold different opinions and values.

## **OBJECTIVES**

Participants will be able to do the following by the end of this session:

- 1. Identify the impact and implications of diversity.
- 2. Develop a greater awareness of their biases and stereotypes based on gender, race, religion, age, culture, (dis)ability and lifestyle and recognize the impact these biases have on others.
- 3. Develop strategies and skills for living and working in a diverse environment.

## OUTLINE

Presentation methods include lecturettes, discussion and group exercises.

- 1. Rules for the Day
- 2. Identifying Diversity Classifications
- 3. Similarities and Differences exercise and discussion.
- 4. Understanding Stereotypes
- 5. First Impressions exercise and discussion
- 6. Assumptions and Behaviors that Encourage or Block Communication
- 7. Insider Outsider exercise and discussion
- 8. Role of Change Agents
- 9. Strategies for Inclusion